



Stephanie Pradas Bridal Hair

WEDDING HAIR Brochure



STEPHANIE PRADAS BRIDAL HAIR

Bringing you effortlessly beautiful hair

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Wedding Hair Prep

CUT AND COLOUR

- Regular hair cuts every 6-10 weeks to prevent split ends.
- Touch up your hair colour or highlights 1-4 week prior to your wedding day.
- Adding more highlights to your colour will add more texture and definition to your style.
- Ensure the underneath of your hair is in unison with the rest of the head, especially if your having a up-do. If your underneath is darker once your hair is twisted in your chosen style the colours may not match and this will throw off the whole look.

HAIR CONDITION

- incorporate a clarifying shampoo into your haircare regime, this will remove any heavy product build up,
- Deep condition weekly, with a hydrating mask.
- Nourish with hair oils- like argan or coconut oil
- Rinse with cold water- to seal cuticle.
- Heat protection! Very important, heat is one of the main causes of breakage,
- Avoid overly tight, hair styles daily these can causes unwanted tension leading to breakage.
- Never sleep with wet hair! Wet hair is weaker and prone to breakage.



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Wedding Hair Prep

HAIR EXTENSIONS

- They can be used to add length & volume to down or half up styles.
- Add volume & thickness to a up do, wanting a voluminous up-do but lack volume and thickness, a couple of clip in's will work magic.
- If your hair doesn't hold a curl.
- They give amazing shine and make your hair look in gorgeous condition.
- They can hide short layers or simply add some thickness to face framing pieces.

I have a small range of hair extensions we can try at your trial to enhance your wedding hair. I can colour match and order your extensions for you ready for your big day, Stress free!



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Your hair preview day

- Your trial will be held at my home address, Monday-Wednesday and will be 2-3 hours long
- Arrive with clean, dry hair
- bring 2-3 inspiration pictures with you,
- Bring pictures of your dress & venue
- Bring any veil or accessories you may already have,
- Wear a white top preferably with a similar neckline and come with similar make up to your wedding day.

We will also discuss your bridesmaids chosen styles and timings of the morning in which I will put together a schedule to ensure your morning runs smoothly.



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Your Wedding Day

YOUR big day is finally here! Relax & enjoy every moment. I would have sent you a schedule after your trial to ensure this morning runs smoothly. Your schedule will have the timings set out for yourself and your bridal party.

- Please make sure your bridal party are aware of the timings to ensure this morning runs smoothly.
- Make sure everyone comes with clean, dry, smoothed hair
- Wear clothes that can be easily removed.
- If any bridesmaids are using clip-in extensions, these need to be 100% human hair- no synthetic
- Get your bridesmaids to finish steaming dresses before hair and make up, the night before or early morning.
- Make sure flowers are properly dried before walking down the aisle!
- I will stay with you until you are in your wedding dress, to apply your veil and accessories and any finishing touches right up until you are ready to walk down the aisle.

Recommended products



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